

Overview of Health Office Services

Optimum health is important for learning. The purpose of the school health program includes maintaining, promoting and improving students' health and well-being. Parents can contact the school nurse with questions about their child's health.

Illnesses & How to call in an absence

If your child is sick, please keep them home and notify the school nurse of their symptoms or diagnosis. Absences must be reported by calling 908-782-6464 and then follow the prompts. Students with a contagious illnesses or symptoms of a contagious illness must see a physician. This includes:

Seasonal Flu, Chicken Pox, Covid 19, Impetigo, Strep Throat, Scarlet Fever, Pink Eye, Mono

The length of exclusion necessary for an illness may vary and your child's physician will determine when your child can return to school. For students taking an antibiotic for impetigo, strep throat, scarlet fever or pink eye, they may return to school after receiving the prescribed medication for 24 hours.

When a child gets sick during the school day

Illnesses that begin during school hours will necessitate your child going home. Please have your contact information current and plan to be able to pick up your child within 30 minutes of being called.

Outerwear and footwear

Health promotion includes being properly dressed for the weather. Students should wear a coat, hat, gloves/mittens and proper footwear according to the weather. Flip flops are always discouraged. Adequate sleep and a nutritious breakfast are important for optimal learning.

Screenings

Heights, weights, and blood pressure screenings are done yearly. Vision screenings are done every other year. Hearing screenings are done every year in Grades K-3 and Grades 5 & 7. If the first screening is incomplete, a second one will be done. A referral for follow up with a physician will be sent home for a failed screening. Screenings can also be done if a problem is noted by the student, parent or teacher.

Scoliosis screenings are done in Grades 5 & 7. Irregular curves of the spine are referred for follow up by a physician.

State-mandated shots for students in Pre K & Grade 6

Students in Pre K are required by the state to have a Seasonal Flu shot by December 31 or they cannot attend school until they receive it. Please forward shot records to the Nurse.

Students entering Grade 6 must have two state-mandated shots (Meningococcal & Tdap) by the first day of 6th grade.