

INSURANCE

This form **MUST** be completed for camper participation.

Name of Applicant

Name of Parent/Guardian

Health Insurance Company

Policy Number

US LACROSSE MEMBERSHIP NUMBER

I, being the legal guardian of the applicant, authorize Sure Shot Lacrosse Camp and its staff, agents and sponsors, permission to request medical treatment as necessary to insure the well-being of our dependant:

APPLICANT

I, the undersigned, for ourselves, our heirs, executors, and administrators, waive and release and forever discharge its staff, officers, employees of and from all rights and claims for damages to persons or property which may be sustained or occur during participation in camp activities, or from camp, whether paid damages injury, or loss are due to negligence or not. I certify that the applicant is in good physical condition, allowing her to participate in the Sure Shot Lacrosse Camp.

GUARDIAN SIGNATURE

DATE

2011 SURE SHOT LACROSSE CAMP

FEATURING



QUINN CARNEY

UNIVERSITY OF MARYLAND
ASSISTANT COACH

2001 AND 2005
WORLD CUP TEAM

AUGUST 1-3, 2011

POWER TIME SPORTS ARENA
426 Case Boulevard · Flemington, NJ

SURE SHOT LACROSSE CAMP

We are very excited to announce this summer's GIRLS LACROSSE SUMMER CAMP! Quinn Carney joins us again this year to instill a tradition of fun and learning while taking your game to the next level.

This year we proudly boast a more focused age/talent group to ensure every girl gets to really dive into every aspect of the game with a group on her similar level. This helps us teach more in depth to each group and allows every girl to get as much learning in as possible!

WHAT TO EXPECT

Nothing less than the best! The camp will offer a complete learning program for every lacrosse player. Included are all aspects of the game, from stickwork, passing and shooting to the defensive end of the field and a goalie coach! The players will have a chance to improve on the fundamentals and essentials of the game as well as real game situations, communication, game strategies, teamwork and an overall understanding of lacrosse. Come and learn from the best!

LOCATION



Sure Shot Lacrosse Camp is PROUD to announce it will be held at Power Time Sports this summer! This is a great indoor venue keeping us out of the heat of August and able to focus on LAX!



CAMP INFO

AUGUST 1-3, 2011
9am to 2pm

Girls entering
2nd grade through 8th grade

\$185 per camper

Yes, goalies are welcome!

Please bring your own equipment.

Please bring your:
STICK, mouthguard, goggles, cleats/sneakers,
a waterbottle, a snack/lunch
and a **positive, FUN attitude!**

MEET THE STAFF

Quinn Carney

- 1997 Hunterdon Central grad, 4-year MVP
- 2001 University of Maryland grad
- Four-time National Champion
- Two-time All-American
- 2001 ACC Tournament MVP
- 2001 Tewaaron and Honda Award Finalist
- US Team Member, 1998-2009
- 2001 World Champion
- 2005 Silver Medalist
- 2005 All-World Team
- Stanford Assistant Coach, 2001-2004
- **UNIVERSITY OF MARYLAND Assistant Coach**



Amanda Spinnenweber

- 2010 University of Maryland Grad
- 2009 and 2010 Team Captain

Karissa Taylor

- 2010 University of Maryland Grad
- 2009 and 2010 Team Captain
- 2009 and 2010 All-American Defender
- 2010 National Defender of the Year

Katie Gallagher

- 2011 University of Maryland Grad
- 2011 Team Captain
- 2011 All-ACC Defender, ACC Tournament Team



Cathy Mumford, Camp Director

Cathy Mumford has a long history of supporting women's lacrosse. She currently serves as Girls Program Director for the Flemington Devils Lacrosse Club. Her mission is to instill a love of the game of lacrosse in youth players through a solid foundation of skills, positive coaching and competitive games.

APPLICATION

Please tear off this panel, complete **BOTH SIDES** and return all with a \$185 check

Payable to:
Quinn Carney

Mail to:
Sure Shot Lacrosse Camp
c/o Cathy Mumford
30 Sutton Farm Road
Flemington, NJ 08822

Registration Deadline:
July 22, 2011

PLAYER NAME

ADDRESS

PARENT PHONE

PARENT EMAIL

SCHOOL

GRADE IN SCHOOL

YEARS EXPERIENCE PLAYING LACROSSE

**REMEMBER TO COMPLETE BACK OF
FORM!**