



# The Cougar Courier

Respect Others, Accept Responsibility  
COUGARS ROAR!

East Amwell  
Township School

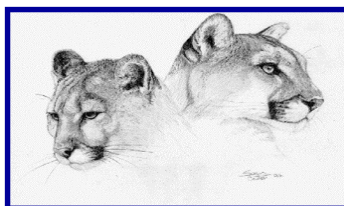
Cougar Courier  
April 2011—Vol. 12

## The Superintendent's Corner

### Greetings,

In the very near future, you will be receiving our Budget Newsletter explaining the 2011-2012 budget. At the March 29<sup>th</sup> Public Hearing, the Board approved a budget that maintains all existing programs while staying within the 2% guidelines requested by the Governor. By doing so, we are pleased to report that the tax impact to the community is the lowest it has been in the last 7 years. It is extremely important that everyone votes in this year's school election on April 27<sup>th</sup>. Voting is a privilege and a responsibility of all citizens. The polls will be open at the Township Municipal Building on Wednesday, April 27<sup>th</sup> from 7:00 AM to 9:00 PM. Mark your calendars.

Sincerely,  
**Edward Stoloski**  
Superintendent



## The Principal's View

Dear Parents,

During the month of March, Mrs. Higgins and Mrs. Royer conducted a K-2 Parent Literacy Workshop. The objective of the workshop was to inform our parents/guardians about our Language Arts program and how they can help their children at home.

The presentation contained information on Balanced Literacy, Guided Reading, The Importance of Read Aloud at Home, and Writer's Workshop. It is not too late to sign up for our 3-5 Parent Literacy Workshop which will be held on April 6<sup>th</sup> from 6:30-8:30 PM in the Library. If you are interested, please contact Mrs. Royer at [jroyer@eastamwell.org](mailto:jroyer@eastamwell.org).

Staying with the Language Arts theme, please mark your calendars for Tuesday, April 12<sup>th</sup>, which is National Drop Everything and Read Day. We are encouraging our students and families to participate by spending at least 30 minutes reading.

Have a great Spring Break

Sincerely,

John Capuano  
Principal



## April 2011 Calendar

- 1: Early Dismissal
- 6: PTO Meeting 9:15 AM
- 7: End of 3rd Marking Per
- 14: Elementary Concert
- 14: Report cards Issued
- 18-22: Spring Recess
- 26: BOE Meeting 7:30 PM
- 25: School In-Session
- 27: School Elections
- 29: School Spirit Day



## School

### Vision Statement:

*East Amwell Township School District... is a safe, supportive community that recognizes all students as unique individuals and provides opportunities for academic, artistic, cultural, emotional, physical, social and character development in a diverse and ever-changing society.*

## Clubs

### JAZZ BAND

APRIL 5, 12, 26 8:15-8:45 AM

### MUSIC CLUB GRADES 6-8

APRIL 5, 26 3:15-4:15 PM

### MUSIC CLUB GRADES 4&5

APRIL 7, 28 3:15-4:15 PM

### COMPUTER CLUB

Monday—Friday 7:30 AM

### ART CLUB

Monday: 7th / 8th Wednesday 6th grade

Environmental Club: As Directed

## Environmental Club NEWS

### NJ Fish and Game Open House

The New Jersey Department of Environmental Protection's Division of Fish and Wildlife will once again open its doors to the public for its annual Open House at the Pequest Trout Hatchery and Natural Resource Education Center. This



year's event will be held on April 2 and 3 from 10:00 a.m.- 4:00 p.m. daily. Admission is always free, as is parking.

This popular event gives the Division of Fish and Wildlife an opportunity to show off its state of the art trout raising facility and showcase the multitude of programs for which the Division is responsible. The Open House also serves as a reminder that spring, and the Opening Day of Trout Season (April 9) is just around the corner.

The Open House is great for people of all ages and there are many things to see and do throughout the day. Families, friends, scout troops, church groups, fishing clubs and anyone else who enjoys the outdoors are encouraged to spend a day in beautiful Warren County at this event.

Kids between the ages of 8 and 16 can try their hand at trout fishing a week before the season opens in the Fishing Education Pond. They will be given expert instruction by staff, Wildlife Conservation Corps volunteers, and volunteers from Trout Unlimited. Kids under 8 can try catching trout in the "Kiddie Fishing Tank". All fishing equipment will be provided.

For more information call 908-637-4125 or view the on-line schedule of events at: [www.njfishandwildlife.com](http://www.njfishandwildlife.com).

## APRIL 2011 CALENDAR REMINDER

12:40 PM

### EARLY DISMISSAL

*Friday, April 1, 2011*

*Staff In-Service*

### SCHOOL CLOSED SPRING RECESS

*April 18-22, 2011*

**CLASSES RESUME**  
*Monday, April 25, 2011*  
*(Snow Make-Up Day)*





## PTO NEWS

The PTO has 2 board positions open - Treasurer and Vice President. We are now accepting nominations with elections in May. All terms run for 2 years. If you are interested in running for a board position,

Contact Andy Beck at

(908) 762-8244 or

[President@EastAmwellPto.com](mailto:President@EastAmwellPto.com)

### A Message From Your Board of Education

Over the past several months, both the Finance Committee as well as the full Board of Education have been meeting to prepare next year's budget. We are pleased to report that this year's budget has met Governor Christie's request to stay under the 2% cap. Our total increase in spending will be \$8,278, which represents the lowest increase in the last 8 years. Additionally, the tax impact will be \$13.04 per \$100,000.

The Board of Education budget newsletter, mailed to all residents each April, will include detailed figures and a comprehensive summary.



### Teacher of the Year

We would like to congratulate Ms. Ernst for being selected Teacher of the Year at East Amwell School. Ms. Ernst was selected from a group of teachers who were nominated by parents. All nominated teachers were then voted on by a committee made up of staff members, a Board member, a PTO representative, and administration.

Teachers who were not selected had their nomination letters placed in their file and were recognized by the Principal.

Ms. Ernst will be honored with other selected teachers in our county at a luncheon in June. Congratulations Ms. Ernst!

### Elementary Concert

The East Amwell Township School will present its annual Elementary Concert on Tuesday, April 12<sup>th</sup> at 7:00 pm in the school gymnasium.

Musical groups performing will include the Intermediate Band, Third Grade Recorders, Elementary Strings, and the Third, Fourth and Fifth Grade Chorus.

Please come and enjoy the musical selections that our young musicians have prepared.

**Skip Woolston**

**Pamella Bily**

**Coins: Because We Care**  
Students and Staff are collecting extra change to raise money for those in need In Japan.





# EAST AMWELL SCHOOL



## APRIL 2011 LUNCH MENU

Healthy Meals Grow Healthy Kids!

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Vegetable of the Month: Tomatoes</b> Did you know tomatoes can be orange, purple and even green!	<b>PLEASE CALL THE SCHOOL NURSE IF YOUR STUDENT HAS ANY ALLERGY CONCERNS</b>	<b>Fruit of the Month: Banana</b> 	 <b>National Grilled Cheese Month!</b>	<b>1 EARLY DISMISSAL</b> French Bread Pizza Celery Sticks w/Dip Peaches Apple Juice Low Fat Milk
<b>4</b> Egg & Cheese on a Bagel Hash Brown Potato Cinnamon Applesauce 100% Fruit Juice Low Fat Milk	<b>5</b> Turkey or Tuna Subs Vegetable Pasta Salad Veggie Sticks w/Dip Chilled Peas Low Fat Milk	<b>Hats off to Baseball!</b> Foot Long Hot Dog on a Bun Baked Beans Blueberry Cups Icy Juicy Low Fat Milk	<b>7</b> Grilled Cheese on a Pretzel Bun Golden Corn Carrot Cups w/Dip Peaches Low Fat Milk	<b>8</b> Pan Pizza Fresh Salad Cup w/Dressings Peaches Jell-o Low Fat Milk
<b>EAT BETTER EAT TOGETHER</b>				
<b>11</b> Popcorn Chicken Wheat Roll Brown Rice Savory Green Beans Assorted Fruit Low Fat Milk	<b>12</b> California Burger on a Wheat Bun Oven Baked Fries Lettuce & Tomato Fruit Cup Low Fat Milk	<b>13</b> Macaroni & Cheese Wheat Roll Ham Hash Sweet Peas Chilled Peaches Low Fat Milk	<b>14</b> Sloppy Joe on a Roll Whipped Potatoes String Beans Fruit Cup Low Fat Milk <b>LUCKY PLATE DAY</b>	<b>15 PANATIER'S PIZZA</b> Crisp Veggie Sticks Assorted Fruit Pudding Low Fat Milk
<b>19</b> <b>Spring Break</b>	<b>19</b> <b>Spring Break</b>	<b>20</b> <b>Spring Break</b>	<b>21</b> <b>Spring Break</b>	<b>22</b> <b>Spring Break</b>
<b>25 LUCKY PLATE DAY</b> Barbeque Rib on a Wheat Roll Whipped Potatoes Glazed Carrots Chilled Fruit Cup Low Fat Milk	<b>26</b> New Orleans Mandarin Flavored Chicken w/Rice, Roll Broccoli & Carrots Assorted Fruit Low Fat Milk	<b>27 Tex Mex</b> Nachos & Cheese Spanish Rice Corn Niblets Lettuce & Tomatoes Fruit Cup Low Fat Milk	<b>28</b> Mini Cheese Sliders Oven Fries Savory String Beans Peaches Dried Cherries Low Fat Milk	<b>29</b> Pizza Bagel Fresh Caesar Salad Blueberry Cups Veggie Sticks Apple Juice Low Fat Milk

Student Lunch	\$2.65
Adult Lunch	\$3.90
<b>"SIDEKICKS"</b>	
Milk	\$0.60
Fruit or Juice	\$0.60
Baked Chips	\$0.75
Ice Cream	\$0.75
Otis Cookie	\$0.25
8 oz Spring Water	\$1.00
Hot Pretzel	\$1.75
Flavored Water	\$1.00

**Available Daily**

<b>MAC CHICKEN WRAP</b> Veggie Sticks Fruit Low Fat Milk Or Peanut Butter & Jelly on Wheat Bread Or <b>SALAD BAR</b> Mixed Salad Platter w/proteins, Whole Grain Bread, Fruit, Milk, Roll	Or <b>Bagel Bag Lunch</b> Bagel Cheese Sticks Fruit Vegetable Sticks Low-Fat Milk
Monday: Turkey Wrap Tuesday: Italian Sub Wed: Egg Salad Sand. Thurs: Ham & Cheese Wrap Fri: Tuna on Wheat Bread	

**BEST BUY \*Complete Lunch...Only \$2.65**  
Includes Vegetable, Fruit or Juice and Milk  
Lunch Tickets Available In The Cafeteria  
10 Meals \$25.50  
20 Meals \$51.00

"Our lunch menus meet or exceed USDA guidelines for child nutrition lunch programs."  
**FRUIT AND VEGETABLE of the month**

**Banana**  
**Tomato**

Carrot Sticks or Tossed Salad Cup available daily.  
**YOUR CHOICE OF FLAVORED OR UNFLOVERED MILK AND EXTRA BREAD DAILY**

Menu Subject To Change

Menu Subject To Change

www.maschiofood.com



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