



is back!

Girls on the Run is excited to offer its Girls on the Run (GOTR) program to Stockton Boro, East Amwell, and West Amwell 3rd through 6th grade girls again this fall! GOTR is an after school program that encourages preteen girls to develop self-respect and healthy lifestyles through running. There are over 170 councils providing running programs throughout the US and Canada, and you are invited to join us for a fun-filled spring season!

Our program runs for ten weeks, beginning the week of September 12. **Registration will open on Monday, August 1, and registration forms will only be available online via our website, www.gotrhunterdon.org.** Our program is limited to 15 girls, who will be enrolled on a first-come, first-served basis, so please register early!

Beginning on September 13, we will meet at Clawson Park on Tuesday and Friday afternoons from 4:00-5:00 PM. Along with having a ton of fun, we will train together to participate in the third annual New Balance Girls on the Run 5K in November!

The cost of the program is \$115, which covers 20-1 hour sessions, materials, volunteer training and background checks, a GOTR t-shirt, other incentives, and registration for the Girls on the Run 5K. Scholarships to help offset the program fee or to purchase sneakers are available to those who may require financial assistance. Please contact Council Director, Becky Testa, at gotrhunteron@comcast.net to request a scholarship application.

If you have any questions about the program, please feel free to contact your Clawson Park Head Coach, Karen Edwards at edwardsk816@comcast.net or your Council Director, Becky Testa, at gotrhunterdon@comcast.net.

Additional information on our program can be found on our website, www.gotrhunterdon.org.

We look forward to a fun and exciting fall season and hope that you will join us.

You Go, Girl!