

*Celebrating Healthy Choices  
and Strong Relationships*

***The Arc of Hunterdon announces our annual luncheon,  
this year entitled...***

**“Celebrating Healthy Choices and  
Strong Relationships: Ladies Day to Indulge”**

**Who:** This event is open to any interested teen (girls 13 and up) and an adult female role ( a mom, aunt, family friend, someone who is involved and makes a difference!)

**Where:** Beaver Brook Country Club - Dining room

**When:** Sunday, May 31, 2009 - 10 AM - 2 PM

**What:** Three informative and interactive workshops (“How to Effectively Disagree”, “Safe Dating and Healthy Relationships, and “Fetal Alcohol Spectrum Disorders”) will be presented. Attendees will also be treated to a sumptuous buffet luncheon and dessert. Door prizes and goodie bags are also raffled! All this in a relaxed and celebratory atmosphere!

**To register:** The event is **FREE**, but registration is necessary. Please call Patty Kowalchuk at the Arc of Hunterdon at 908-730-7827 X 251 to register!

*This event is co-sponsored by the NJ Coalition for Prevention of Developmental Disabilities and funded with support through the Governor’s Council on the Prevention of Developmental Disabilities*

*Ladies Day to Indulge*