

Yikes!

What Is Happening to My Body?

A Puberty Talk for Girls

This program will discuss the physical, intellectual and emotional changes your child will experience during her transition to teenager. Bring your child and join us for an informative and relaxed look at growing up.

This program is designed for girls 9 to 12 years old. Children should be accompanied by their parent or guardian.

A Health Educator with **Princeton HealthCare System**.



THU. January 22

7 – 8:30 p.m.

East Amwell Township School
43 Wertsville Road
Ringoes

FREE.

Registration required.

To register for this program please call 1.888.897.8979.



Princeton HealthCare System
Community Education & Outreach

Redefining Care.

Please visit us online or call:

1.888.897.8979

www.princetonhcs.org/calendar